Janna Hockenjos

Janna has been steadfast in her care and concern for the world around us since she was a little girl, and as an adult she continues to encourage and support others in finding ways to live in harmony with our environment and each other. Janna is a book editor and registered yoga teacher with a master's degree in Magazine Journalism from New York University. She is a two-time published author (He Never Liked Cake and Move Feel Think: Yoga for Brain Injury, PTSD, and Other Forms of Trauma) and an experienced public speaker, which came through her work as an advocate for those with TBI.

As the planet warms, natural disasters increase, and all beings everywhere are being affected, she has returned to her passionate roots. She strongly believes that all young children should have the chance to be educated about the interconnectedness of our world and be given the opportunity to exercise their self-agency to make it a healthy, vibrant, happy place for all. She has infused Earth Friends with her passion for planet and people, her expertise in business, writing, and program development, and her enthusiasm for endless possibilities.