Katy Thompson

Katy Thompson is passionate about sparking positive change globally. She holds a BS in Intelligence and National Security and an MS in Environmental Studies from Point Park University and has had diverse professional experiences that have taken her around the globe. Throughout her studies and career, Katy has focused on connecting food security and national security, sustainability, and innovation, finding simple solutions to serve as powerful tools for social and economic development. Katy firmly believes that building effective organizations with robust infrastructure is the key to making a measurable impact.

Katy is responsible for managing The Build Up Companies' processes and operations around the globe. She directs a portfolio of projects to strengthen the Companies' internal infrastructure, and ensures that systems, processes, and policies are in place to support internal operations as well as our clients' work.

Outside of the office, Katy is a 200-Hour Registered Yoga Teacher, specializing in yoga for addiction and recovery. She lives on a 32-foot sailboat with her partner, always inspired by the water and her continuously changing backyard. When she is not working or sailing, you will find her on her yoga mat, reading, writing, or trying a new recipe.